# Local Support Services – Cornwall

**In an emergency, if a crime is happening right now or someone is in immediate danger,**

**Telephone 999**

### The Women’s Centre – Cornwall (previously known as Women’s Rape & Sexual Abuse Centre WRSAC)

Offering 1:1 specialist support, groups and helpline support for women and young women aged 13 upwards who have experienced any kind of sexual violence either recently or in the past.  Covering East, Mid and North Cornwall.

PO Box 39, Bodmin, Pl31 1XF

[www.womenscentrecornwall.org.uk](http://www.womenscentrecornwall.org.uk)       Email via website

Rape & Sexual Abuse Helpline:  01208 77099      Admin line:  01208 76466

Domestic Abuse Helpline:  01208 79992

### CRASAC Cornwall Rape and Sexual Abuse Centre

Offering counselling for anyone who has experienced sexual abuse and rape either recently or in the past. Covering Mid and West Cornwall.

[www.crasaccornwall.co.uk](http://www.crasaccornwall.co.uk)

Telephone:  01872 262100               Email:  [help@crasac.co.uk](mailto:help@crasac.co.uk)

### SARC Sexual Assault Referral Centre – Devon, Plymouth & Cornwall

The SARCs based at a safe, secure and discreet locations. Offering support to anyone of any age who has experienced rape and/or sexual assault, recently or in the past. The services offered include:  Crisis Worker support for victims, emotional support including counselling. Access to forensic medical facilities and examinations, sexual health and contraception information and referral to other services. Information about reporting to the police as well as arranging for an Independent Sexual Violence Adviser (ISVA) to support them with the police investigation.

Devon, Cornwall & Isles of Scilly Helpline: 0300 3034626

Webiste:  <https://sarchelp.co.uk/>

### ISVA - The Cornwall & Devon Independent Sexual Advisor (ISVA) Service

First Light (formally known as Twelve’s Company)

Support/referral through the SARC but also available without involving the police or NHS.

Experienced professionals providing support and advocacy for victims of acute sexual violence and prolonged or historic abuse.

Support through any possibly criminal case, signpost to specialist organisations or support or to simply to provide a safe place to listen and support you after abuse.

Contact the Cornwall & Devon ISVA team on: 03458 12 12 12

By email: [isva@firstlight.org.uk](mailto:isva@firstlight.org.uk)  website: <https://www.firstlight.org.uk/>

### GU Medicine and Sexual Health Clinic – Cornwall

Offering confidential, non-judgemental advice. Offering testing for all sexually transmitted infections, free treatment, HIV testing treatment and care. Vaccinations for Hep A and B. Free condoms. Under 16s welcome and aged 12 and under will see a paediatrician.

Drop-in and wait sessions most days – see [website](http://www.royalcornwall.nhs.uk) for details.

The Hub, Royal Cornwall Hospital, Penventinnie Ln, Truro TR1 3LJ, Phone: 01872 255044