Friend domestic abuse intervention 3 – scripted role play

Two people – Ashley and Chris - each to read a part. First, read the description of the situation.

Ashley and Chris bump into each other in the coffee shop. Chris hasn't seen Ashley for a while.

Chris: Hi mate, how's it ...

Ashley: Oh - hang on a minute. I'm just in the middle of texting Lucy

Chris: Sure....

[Chris waits until Ashley has finished texting]

Ashley: Sorry about that - she gets a bit narky if I don't text her straight back.

Chris: Please! You're always on the phone to her!

Ashley: She's a bit high maintenance. Keeping the peace - not worth the hassle.

Chris: No worries. How have you been? I mean, I haven't seen you around for a while and you don't seem to hang around with us any more like you used to.

Ashley: Oh, I'm fine. I'm busy with Lucy that's all. She doesn't know anyone from the group so we just tend to do our own thing.

Chris: Look, Ashley, I saw Emma the other day and she said she saw you both in town last week and you were having a huge fight and Lucy slapped you really hard across the face and tried to bite you. She was really concerned. So what's going on?

Ashley: I don't know why Emma would say that. It was just an argument, it's none of Emma's business. She's probably just jealous. Anyway it was my fault, I forgot to get her soya milk.

Chris: Sounds a bit mental, really? She hit you cos you forgot her milk?

Ashley: It was nothing...

Chris: Well ok mate but I've got this list of early warning signs for toxic relationships that I was given in class, I wouldn't mind if you come by and take a look at it. I've got a list of phone numbers for people who can help out as well. Anyway dude call me or come round anytime if you need a break from it, you've got my number, come hang with the guys a bit.