Sibling domestic abuse intervention — scripted role play

Two people – Paige and Evie - each to read a part. First, read the description of the situation.

Paige is in the car with her younger sister Evie who she has collected to bring back from University for the holidays.

- Paige: I'm so pleased you're back from Uni! I've really missed you! It's really boring at home with Dad on my own. I wish you'd been in touch more this term, I've missed hearing from you.
- Evie: Yes, sorry, it's been pretty intense at Uni, but I'm glad to be having some time away from it all.
- Paige: I'm sure. So how have you got on this year? Have you made lots of new friends? I bumped into Louise and she said she hardly saw you. Have you been out having a good time or working too hard, of course haha
- Evie: To be honest, I haven't really seen my friends much this year. I've been a bit busy.
- Paige: That's a shame. I find it's even more important to have your friends around when you're busy to let off steam and relax a little. Aren't you all busy?
- Evie: Well, it's more that I've been busy spending time with Rick, you know that guy I told you about at Christmas and he doesn't really know any of my friends and he gets jealous when I go out with them, so I've spent my time with him instead. But that's okay, because that means he really loves me, doesn't it?
- Paige: Well, Dad always says that when he and Mum met at Uni they always made a point of meeting up with each others' friends and also giving each other some space. They even used to have a holiday separately every year, do you remember? They were big on respecting the fact that they both had friends before they met. You've got to have your own space too. If he doesn't trust you then that doesn't seem like a good starting point.
- Evie: Paige it's fine, honestly. He's a great guy and we get along really well. Everything's fine.
- Paige: Well, okay, but to be honest I have been a bit worried about you this year. You haven't phoned much this year and even though you said you were really happy, I could tell from your voice that something has been wrong, and that you haven't really been as happy as you have

been making out. And I know Dad's worried. It's not like you not to call him. I mean, is Rick quite controlling?

Evie: It's fine, he just wants to be with me a lot and wants all my attention so I don't get much time, and that's fine because I really like him.

Paige: Well you should talk to Dad about it hun, really, it doesn't seem right to me. And I've been watching Hollyoaks and there's this storyline where the guy is really controlling and she can't see her friends anymore so I know that it doesn't seem right. Anyway, you know me and Dad are here for you and I know you used to talk to Mum about these things but you can talk to me you know, we have to look out for each other now Mum's not around.

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