## Using creative methods to explore the technology experiences of people living with dementia.

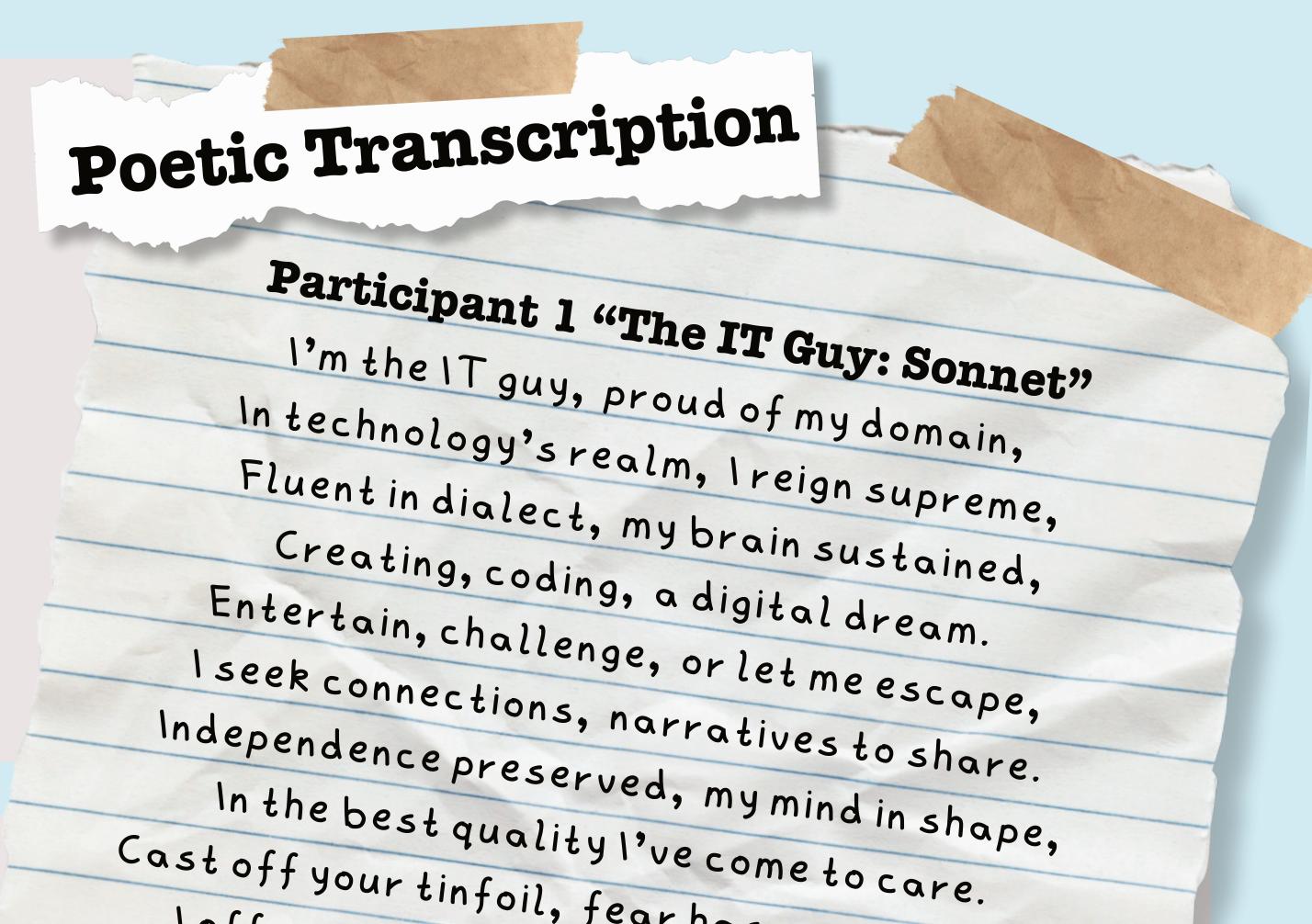
## Background

Dementia research has often been situated in positivism leaving little space for research creativity and innovation.



However, creative methods of data collection and analysis provide new ways of understanding dementia experiences.

This poster reflects on some of the benefits I gained by using creative methods to study the **daily technology experiences of** people living with dementia.



Cast off your tinfoil, fear has no place here,

loffer guidance, rescue from the grey.

With newfound skills, the potential is clear,

Technology's wonders can light your way.

I'm the IT guy, my worth not a sham,

lamenabled to be who lam.

### Methods

#### Photo-elicitation Interviews

Briefing interviews (60mins)

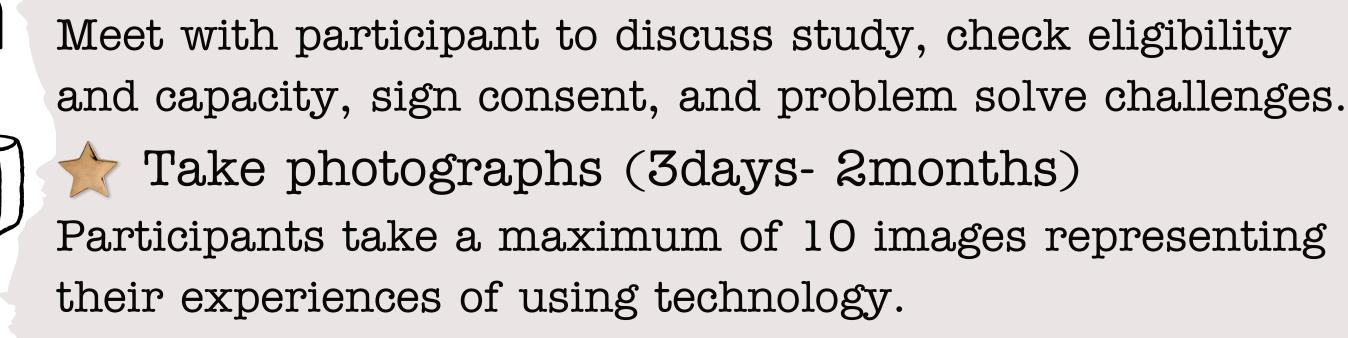


Photo-elicitation interview (90mins) Interview participants about their photographs

# Analysis

use.

lusion

C

HO

Reflexive thematic analysis (Braun & Clarke) Familiarisation through poetry (Glense, 1997) & reflexive journaling, coding, generating initial themes, reviewing and develop themes, refining & name themes. Explore relationships within and between photographs and generated themes.

**Reflexive journal extract:** There are times when I meet with participants and I feel like crying because it feels so unfair that these people – all of whom have been so enthusiastic about life, warm, engaging, and interested in my work are living with a condition that will ultimately take all of them away...



Photo-elicitation allowed participants some control over what technology experiences thay wanted to share.

Photo-elicitation supported communication, orientated, and helped participants stay focused on abstract topics of conversation.

Photo-elicitation allowed me to explore technology experiences in multiple contexts which would not have been possible using other data collection methods.

Photo-elicitation reduced participants levels of stress as they did not need to accurately recall their technology

I struggle to keep up with it. Honestly because it's taken off... I struggle to use them. I'm finding things that interest me and that kind of thing and being in contact with people. I'd be lost without technology I think.

Benefits

Poetry transciption deepened the 'fullness' of my analysis meaning I was representing people, not words.

All this AI going on where you think you're talking to a person, but you're not, you're just talking to a robot...it's



6.

este

ter





way that captures participants emotional energy.

Reflexive journaling allowed me to be more aware of how I influenced the analytical decisions.

scary because there's nothing like a

person.

<u>Contact me:</u> Annabel Ditton ad919@exeter.ac.uk University of Exeter

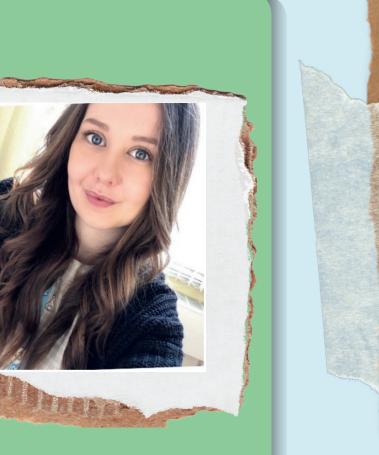


Photo-elicitation interviews work well to optimise communication to create better quality and trustworthy data. Poetry transcription is an effective way to familiarise yourself

with data without reducing transcripts to just words on a page.

Creative methods improve your ability to be reflexive and encourage deeper analytical thinking by helping you understand how your own feelings and position influence your decisions.