Host Institution:	Institut National des Sciences Appliquees (INSA) de Rennes
Erasmus Code:	F RENNES10
Website:	http://www.insa-rennes.fr/
	Established on the science campus of the city in 1966, the Institut National des Sciences Appliquees of Rennes is classified as being amongst the best engineering schools of France. Rennes is the capital of Brittany it has more than 200,000 inhabitants, of which 60,000 are students, this gives the town a vibrant night life with Thursday nights traditionally being student night. There are several festivals throughout the year in Rennes including arts and music festivals.
Location:	By plane: Rennes airport has budget flights to and from Southampton and Belfast whereas Saint-Malo airport which is an hour away from Rennes has connections with London. By train: The easiest way to get to Rennes from Paris is through Gare Montparnasse. There are TGVs almost every 30 minutes with a travel time of approximately 2 hours. By bus: Rennes also has an international and local bus station, right next to the train station.
Costs:	
Housing:	(Information taken from INSA website) INSA has four residential blocks with a total of 820 rooms and 171 studios. For more information see the following link: www.insa-rennes.fr/accommodation or contact the Accommodation office: + 33 223 238 367
Insurance:	You will need to apply for an EHIC (European Health Insurance Card) which has replaced the old E111 form, if you have an EHIC card already ensure that it covers you for the duration of your stay. It is advisable to take out insurance for your stay abroad especially if you are going to be taking laptops with you.
Academic:	
ECTS Credit system:	Information on INSA's ECTS scheme can be viewed using the following link: www.insa-rennes.fr/lesModules.php?LangueID=2&SiteID=1&RubriqueID=935
Contact Information:	INSA 20 Avenue des Buttes de Coëmes CS 14315 F – 35043 Rennes Cedex Tel: +33 223 238 217 Fax: +33 223 238 396
Useful Websites:	Erasmus website: http://www.britishcouncil.org/erasmus Tourist information website: www.webtourist.net/france/rennes/tourist-information.phtml