

Mapping Study

Where are services for young adults with ADHD available (in the UK) and what do they offer?

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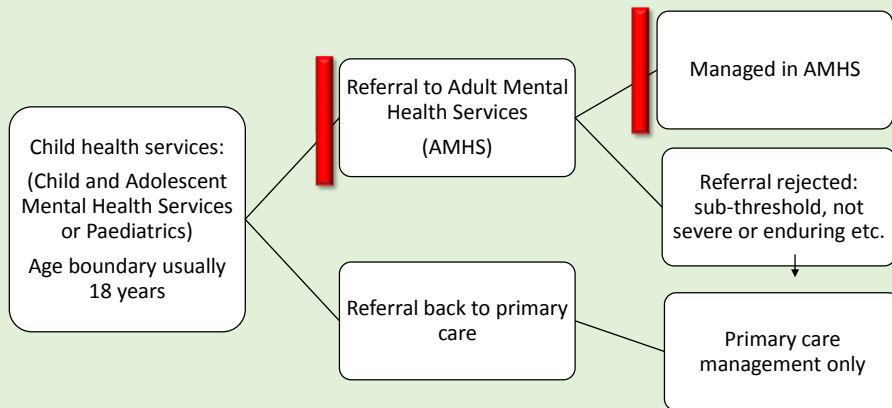
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Disclaimer: Early findings as presented at
IACAPAP July 2018
Details may change



Lack of adult services = barrier to transition



Why map services?

- Greater transparency = critical to delivering good outcomes + ensuring consistency of services
(NHS England, 2017)
- **How transparent is your national service provision?**



Mapping study

Aims:

Map services for young people with ADHD in transition from childhood to adulthood (in the UK) and summarise provision

- Guidelines recommend treatment by specialist teams with expertise in ADHD (NICE, 2008, 2018)
- Evidence not being put into practice (Hall et al., 2015)



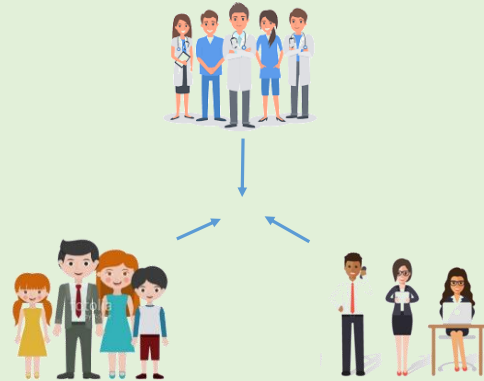
Provision for adults with ADHD

- *“Considerable variation between and within countries”* (Coghill, 2016)
- UK survey-based research in suggests service provision is patchy and highly variable (Hall et al., 2013, 2015)



Appropriate mapping methods

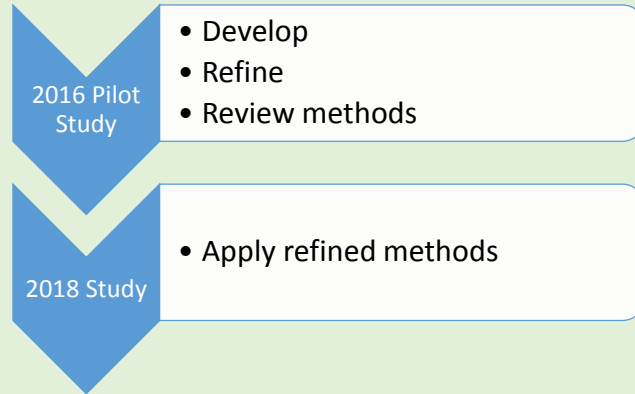
- Existing methods ask 'health experts' or government providers
- But we wanted to include all stakeholders
- Develop methodology to include views and experiences of key stakeholders



Working with research partners



Refining methods



Defining services

“Any service that treats or supports people with ADHD aged 18+”

- NHS specialist team
- NHS mental health team
- Private
- Voluntary organisation
- Support group



NHS Specialist 18+

- Transition
- Diagnosis, treatment & consultation
- Medication management
- Shared care
- Psychological services



Designing survey



- Do you know of any mental health services in your area
 - for adults (18+) with ADHD?
- Do you know someone aged 18+ who has received treatment or support at this service for their ADHD?



Data collection

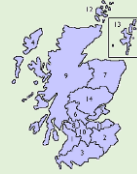


44,000 impressions, 101 clicks...



Contacting National Health Service commissioners/funders

HSC Health and Social Care



NHS
SCOTLAND



GIG CYMRU
NHS WALES



NHS
England



Mapping study findings

Informants:

- Health Workers
- Service users
- Commissioners

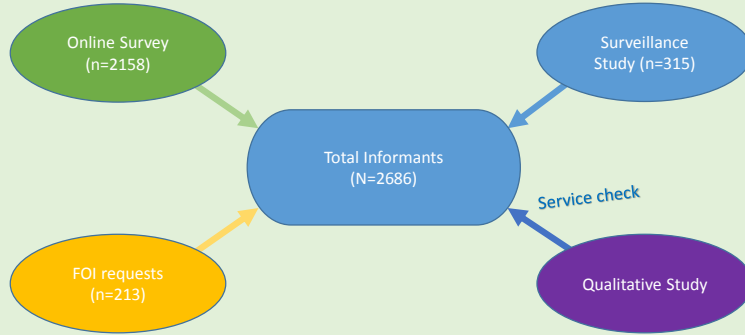
Services:

1. NHS Adult Specialist Services
2. NHS Adult Services
3. All Services Experienced
4. All Services Identified

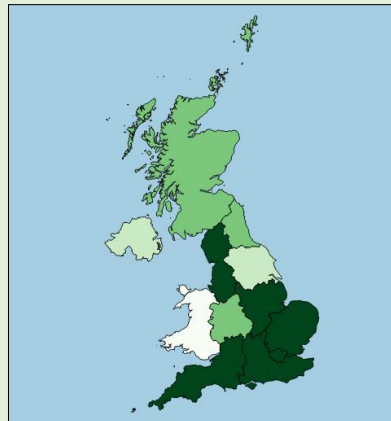
Sources of data:



Sources of information



Balance of responses

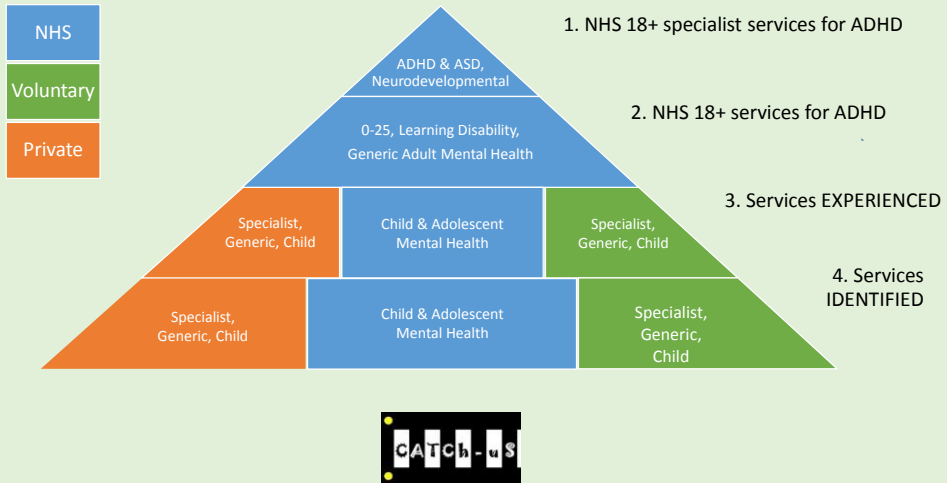


Number of responses per UK region

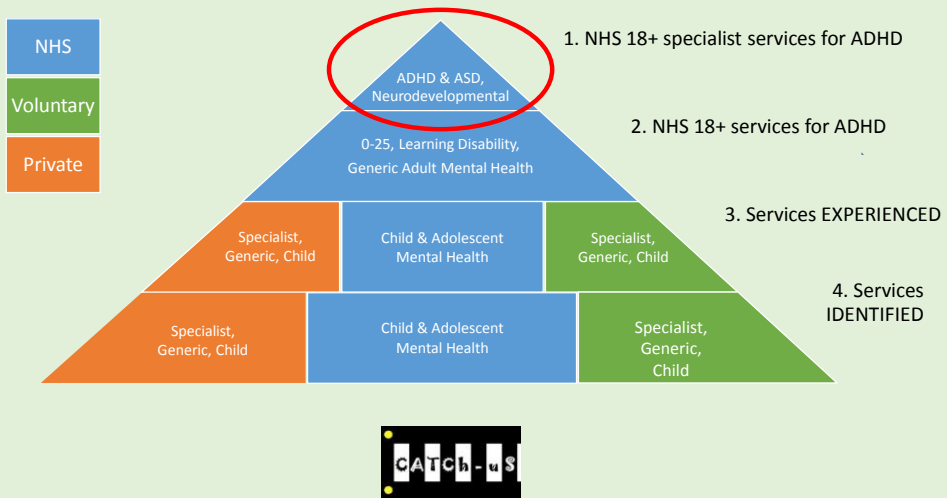
0 - 50
51 - 100
101 - 150
151 - 200
200+



Services for adults with ADHD in the UK



Services for adults with ADHD in the UK



Level 1: Specialist services

UK Adult ADHD specialist services; by country, population and services provided

Country	UK population* (%)	Services identified (n)	Services confirmed ** (n)	UK Services confirmed (%)	Services provided**				
					Transition	Diagnosis	Psychological	Medication	Shared Care
England	84%	43	38	94%	22	27	16	28	26
Scotland	8%	1	1	3%	0	1	1	1	0
Wales	5%	1	1	3%	0	0	0	0	1
N. Ireland	3%	0	0	0%	N/A	N/A	N/A	N/A	N/A
UK	100%	45	40	100%	26	36	22	38	35

*2011 Census

**Confirmed by NHS organisation as providing treatment for adults with ADHD



Specialist NHS adult ADHD services in the UK



Interactive map of services

The image shows a map of the United Kingdom with various service locations marked by colored pins. A red circle highlights a specific location in the south of England, which is linked to a 'Service Details' window. The details for the 'Wilt Adult ADHD Service' are as follows:

Wilt Adult ADHD Service	
NHS Organisation	Cheshire & Wirral Partnership NHS FT
Website	http://www.cwp.nhs.uk/services-and-operations/services/wilts-adhd-service/
Treat 18+ ADHD?	Yes
Ages Served	18+
Service Postcode	CH42 0LD
Additional Locations	L7 THG, BL2 5HT, SK10 3JE, CW7 2AS, CH2 1BQ
Transitional Care	Yes
Diagnosis	Yes
Medication Management	Yes
Ongoing prescribing	Yes

Below the map is the 'CATCH-us' logo.

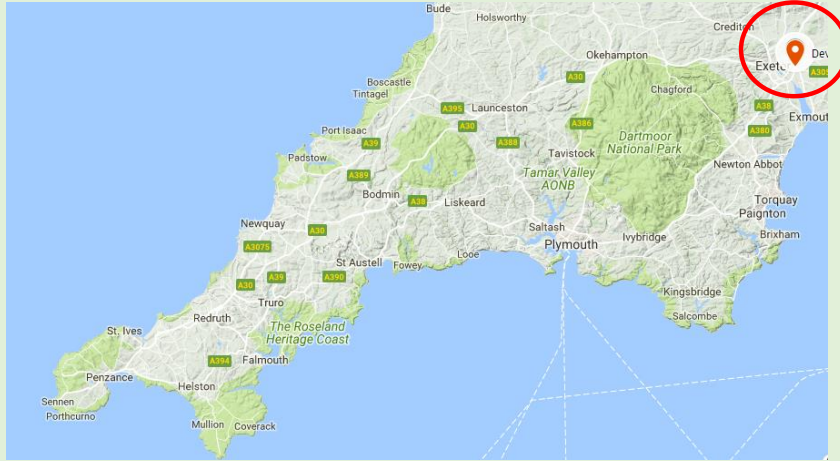
Interactive map of services

The image shows a map of the South East of England with various service locations marked by colored pins. A callout window is open for the 'Croydon Adult ADHD Service' with the following details:

Croydon Adult ADHD Service	
NHS Organisation	South London & Maudsley NHS FT
Website	http://www.slam.nhs.uk/our-services/service-finder-details?CODE=SU0988
Treat 18+ ADHD?	Yes
Ages Served	18+
Service Postcode	BR3 3BX
Additional Locations	No value
Transitional Care	Unconfirmed
Diagnosis	Yes
Medication Management	Yes
Ongoing prescribing	Unconfirmed

Below the map is the 'CATCH-us' logo.

Interactive map of services



Interactive map of services

Devon Autism & ADHD service

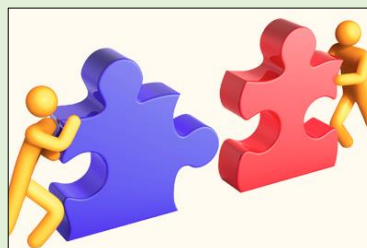
Service Postcode	EX2 7HU
Additional Locations	No value
Transitional Care	Yes
Diagnosis	Yes
Medication Management	Yes
Ongoing prescribing	Yes
Shared Care	Yes
Psychological	Yes
Other	Unconfirmed
Funded by	North East West (NEW) Devon, South Devon, Torbay CCGs
Possible external patients	No

50.71535, -3.46863

Conclusions

Gaps in service provision for adults with ADHD

- 80 NHS mental health providers in UK; 40 specialist adult ADHD services
- Psychological treatment provided by 55% of services
- Mapping clarifies current provision



References

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- Hall, C. L., Newell, K., Taylor, J., Sayal, K., & Hollis, C. (2015). Services for young people with attention deficit/hyperactivity disorder transitioning from child to adult mental health services: a national survey of mental health trusts in England. *J Psychopharmacol*, 29(1), 39-42. doi:10.1177/0269881114550353
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