

Accessing the Career Zone

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Career Decision Making is an ongoing process



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Start with you..."Know Yourself!"

- Identify what kind of **knowledge** you want to use?
- Explore your **passions** and **interests** – examine why these things are important to you
- Consider what **skills** you want to use? What do you **enjoy**?
- Explore the kinds of **working environment** you are most happy in?
- What's important to you- **values**? Work/life balance/money?



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Values – what's important to you?

Values are uniquely held, personal beliefs of importance which help us to behave and make choices which align with the way we see the world.

- Family
- Profit / Financial Gain
- Adventure
- Stability
- Competition



- Wellbeing
- Family
- Honesty
- Respect
- Learning
- Fairness

- Planet
- Uniqueness
- Creativity
- Curiosity
- Justice



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What are employers looking for?

Institute of student employers (ISE) 2022

Q. What do students think graduate employers value most in candidates?

Q. What do employers value most in candidates?

	 Answers from students		 Answers from employers
A 2:1 or above in their degree	1	Passions for the business	1
Existing industrial experience	2	Resilience	2
Communication skills	3	Problem solving skills	3
Problem solving skills	4	Communication skills	4
Confidence	5	Commercial Awareness	5
Passions for the business	6	A 2:1 or above in their degree	6
Commercial Awareness	7	Leadership skills	7
Digital Skills	9	Teamworking	8
Teamwork	9	Confidence	9
Organisation	10	Digital Skills	10
Leadership	11	Existing industry experience	11
Resilience	12	Organisation	12

What do Exeter students do after graduation?

- Career Zone website – www.exeter.ac.uk/careers
 - Career research and planning
 - What can I do with my Degree
 - Choose Faculty
 - Select subject



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- **92% of graduates in or due to start employment or further study 15 months after graduation**

(HESA Graduate Outcomes Survey 2019/20)



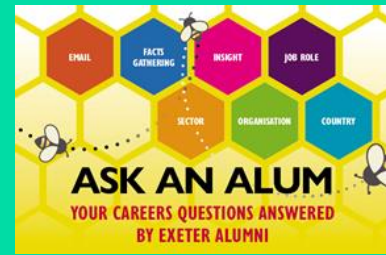
- **Exeter graduates in the UK's top 10 for most targeted by leading employers**
(Graduate Market in 2024 report by High Fliers Research)

Talking to people – take any opportunity!

- Career focussed activities per Faculty, Department, Career Zone? eg, careers fairs/talks, alumni talks, Societies?
- Mentoring opportunities? - Ask an Alum, Career Mentor scheme
- Think who you know already - friends, friends of friends, family, teachers, part time job employer, work experience.....



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Gaining experience (any!)

- Voluntary work
- Part time/casual work/previous work /career
- Work Placements –
 - professional placements as part of Degree
 - 12 months (3rd year of Degree) – UK or Abroad?
 - Part of a module
- Vacation/ Summer internships
- University of Exeter schemes include:
 - Professional Pathways
 - Aspiring Teachers
 - Green Consultants
 - A2I



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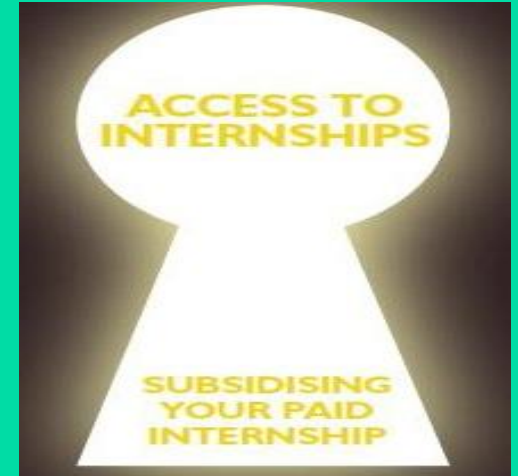


Access to Internships (A2I)

- provides support and funding to help eligible students arrange a paid internship in the UK.
- students can apply for one employer subsidy and one 'Help Getting to Work' bursary, per year.
- 3 different types of funding:
 - a. University of Exeter Internship (with an Academic or Professional Service)
 - b. SME (less than 250 employees), Charity or Statutory Organisation
 - c. 'Help Getting to Work' Bursary



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- **Opportunity to develop intercultural skills**

Typically one week in duration

Covers themes such as sustainability, human rights and digital heritage

Real world challenges

The Global Leaders Experience



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[Global Leaders Experience | Career Zone](#)
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Support from Career Zone

- 1to1 appointments – Guidance/Advice/Placements
- Careers Advice sessions e.g. Interview Skills
- Professional skills development sessions e.g. Time Management
- CV / covering letter check for internships or casual/term time jobs.
- Application Form checks – employment or postgraduate.
- LinkedIn profile review
- Vacancy platform – Handshake
- Employer led events – including Careers Fairs, presentations
- Alumni panels
- [Supporting Equality and Diversity | Career Zone | University of Exeter](#)



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To activate your Handshake account:

Using your web browser

- exeter.joinhandshake.co.uk/login
- Select Single Sign On option (SSO)
- Follow the on-screen instructions

Or Download the app:

- Search 'Handshake' in the App Store or Google Play
- Download
- Type 'The University of Exeter' into institution box
- Click institution login
- Type in your University of Exeter email address and password
- You're in!



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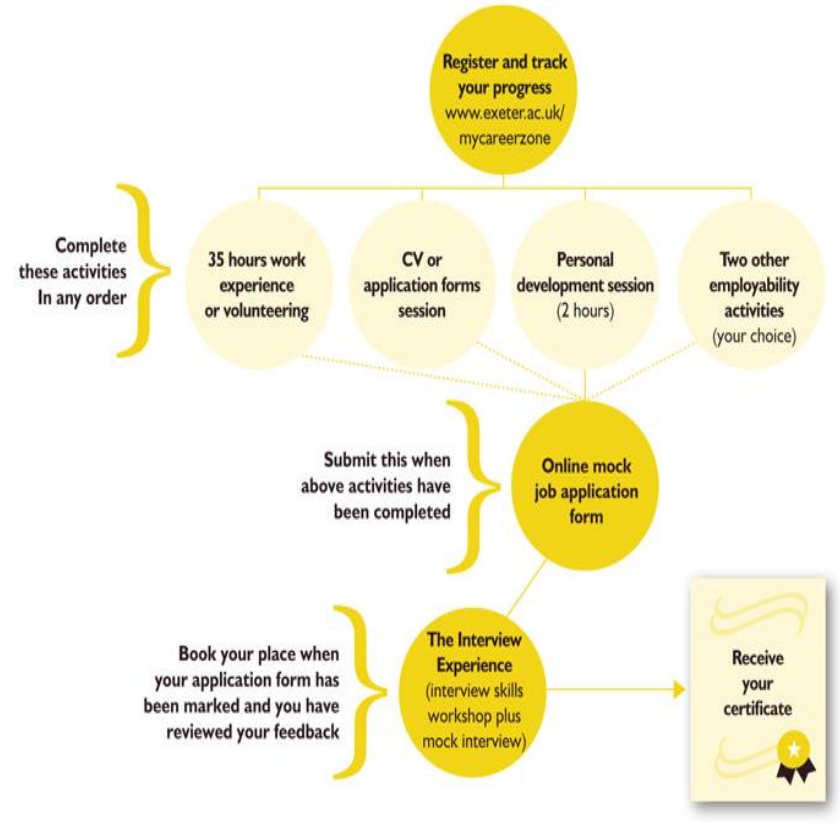
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Handshake

Employability Awards



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Get in touch.....

- **Face to face** - speak to CZ staff
- **Email** at careers@exeter.ac.uk
- **Live chat** to us online - www.exeter.ac.uk/careers.
- Check out our **FAQs**:
<https://www.exeter.ac.uk/careers/about/faqs/>
- **Social Media:**
 - Instagram (<https://www.instagram.com/uoecareerzone/>)
 - TikTok account
(<https://www.tiktok.com/@uoecareerzone?lang=en>)



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Questions?



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