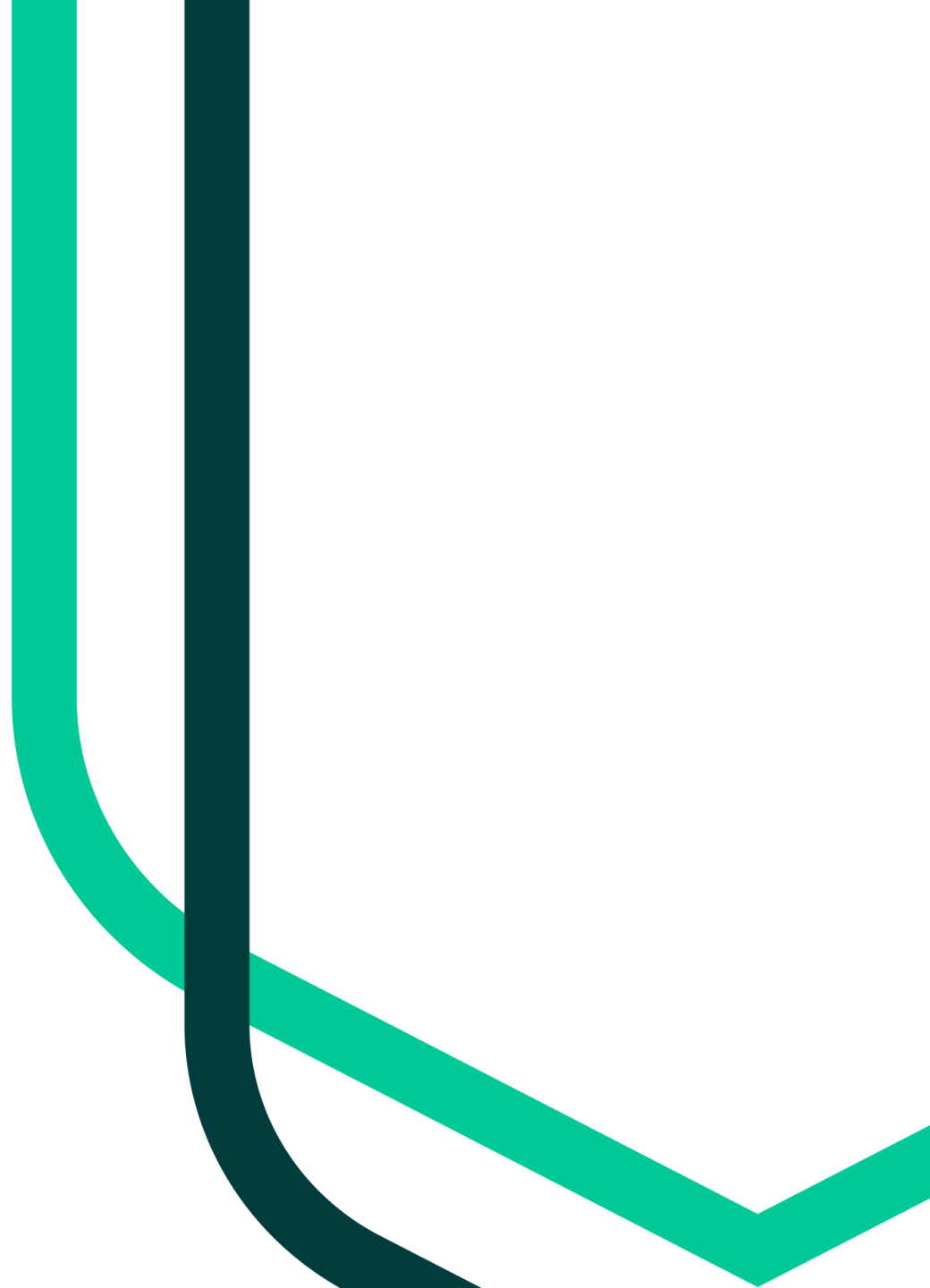




University
of Exeter

Overview of Support Services



WELLBEING SERVICES

Current students / [Wellbeing Services](#)

Wellbeing Services

Welcome to your **Wellbeing and Welfare Services**. We provide free advice, guidance and support.

- Students can access our service **by phone or email**, or book **appointments in-person**.
- Students can also access **urgent support**, on campus or remotely, whenever needed.

[Urgent support for students in Devon »](#)

[Urgent support for students in Cornwall »](#)

Support for you



Personal tutors

Microsoft Teams

Enhanced Induction - tutoring

2022-08-08 14:49 UTC

Recorded by
Kenny, Karen

Organised by
Kenny, Karen



Study Zone: Support for developing your study skills

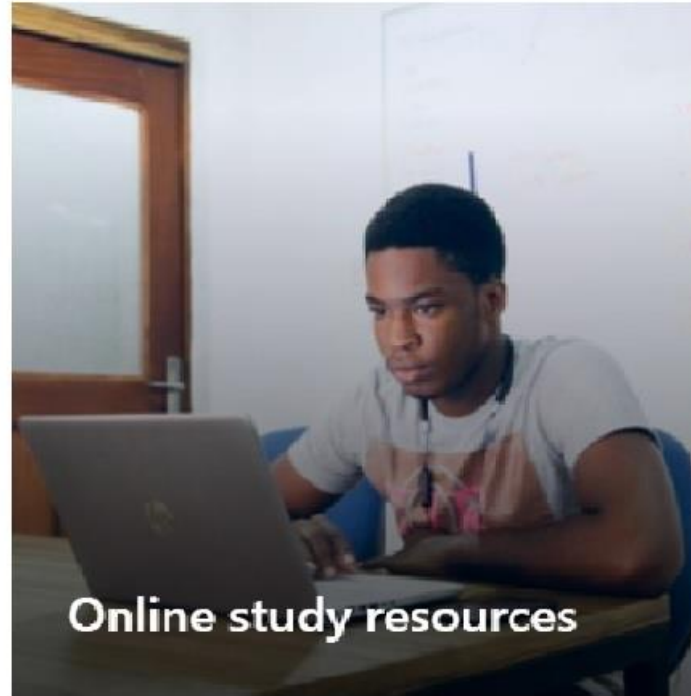
Who we are:

A small team of skills advisers within the library team, dedicated to helping you develop your study skills and become a more effective student.

We offer support via workshops within your faculty, drop-in sessions in the Study Zone space and online, and through our digital resources.

For details of all of these see:

[Study Zone Digital - Home \(sharepoint.com\)](https://sharepoint.com)



Online study resources



Study skills drop-ins



Follow us on Instagram



Follow us on Facebook



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Drop-ins and bookables

[> How do drop-ins work?](#) [> How can Advisers help?](#)

Out-of-term drop-ins (effective from Monday, 17th June)

Tuesdays

Online (Microsoft Teams), 16:00 - 17:30

[Click to join the Tuesday drop-in](#)

Thursdays

Online (Microsoft Teams), 14:00 - 15:30

[Click to join the Thursday drop-in](#)

Term-time drop-ins

Tuesdays

Online (Microsoft Teams), 16:00 - 17:30

[Click to join the Tuesday drop-in](#)

Wednesdays

Streatham campus, 11:30 - 13:00
Study Zone, (Student Services Centre)
Forum Building

AND

St Luke's campus, 11:00 - 12:00
Cross Keys

Thursdays

Online (Microsoft Teams),
and Streatham campus, 14:00 - 15:30

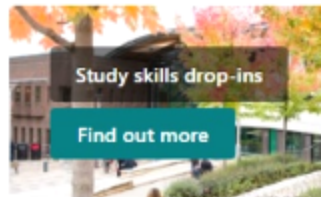
Bookable 1:1 appointments

If you'd like to ask for some guidance about your work but are unable to make it to a drop-in, we're also able to offer a limited number of bookable appointments. These are online (via Teams), 20 minutes long, and work very much like drop-ins except that you know you'll have dedicated time with an Adviser.

If you book more than 3 appointments in a term or try to book multiple appointments at one time, we'll get in touch to let you know that your appointments have been cancelled and that you won't be able to book any additional appointments until the following term. This is to enable as many students as possible to get the advice that they need.

You will continue to be welcome at any of our [drop-ins](#) at any time, and have round the clock access to our [online study skills resources](#).

[Book an appointment](#)





University
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Peer Support – who are we?

We pair 1st year UG students with 2nd-final year UG students (Mentors) across disciplines

27+ schemes, including:

- Mature Student Peer Mentoring
- Disabled Student Peer Mentoring
- Carer, Care Leaver, and Estranged Peer Mentoring
- MFL PAL

These schemes will match you with Mentors **before** you arrive in September

Streatham, St Luke's and Penryn-based

- CBS Ethnic Minority Student Peer Mentoring
 - Politics Buddy Up
 - UEBS UG Buddy Up
 - Medical Sciences Peer Mentoring
- And more!



Website: <http://ex.ac.uk/peersupport>



@uoepeersupport

How does it work?

For the *Disabled Student, Mature Student, & Care Leaver and Estranged Student* schemes:

1. Sign up pre-arrival (before 9th September) using the sign-up forms below

Carer, Care Leaver and Estranged Student Peer Mentoring
Disabled Student Peer Mentoring
Mature Student Peer Mentoring

1. Matched with a Mentor based on preferences (as much as possible) before Welcome Week
2. Meet with Mentor how you like

For other schemes:

1. Sign up in Term 1 or 2 as appropriate

Carer, Care Leaver & Estranged Student Peer Mentoring

Open to undergraduate students on Streatham, St Luke's and Penryn campuses

This peer support scheme puts 1st year carer, care leaver and estranged students in touch with a Mentor (2nd or Final year) who can share their

Disabled Student Peer Mentoring

Open to undergraduate students on Streatham, St Luke's and Penryn campuses

On this scheme, we put 1st year students with a disability

Mature Student (21+) Peer Mentoring

Open to undergraduate students on Streatham, St Luke's and Penryn campuses

We put 1st year Mature students (aged 21+ when starting your studies) in touch with a Mature Student Mentor (2nd or Final year) to share experiences and be a point of contact throughout the year.

You will be matched with a Mentor before Welcome Week to ask your Mentor any pre-arrival questions you



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PEER
SUPPORT

Any questions?

Email peersupport@exeter.ac.uk or chat to me (Emma) or some of our Mentors today

For more info including full list of schemes:
<http://ex.ac.uk/peersupport>



Follow us on
[@uoepersupport](https://www.instagram.com/uoepersupport)



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