



**MSc Psychological Therapies Practice and Research**

**Cohort 07 / MAY 2023 – May 2025**

**HOW TO APPLY**

**Equality and Diversity Policy**

The University is committed to a policy of equality of opportunity and aims to provide a working, learning and social environment that is free from unfair discrimination. It aims to ensure that students, staff and all others associated with the University are treated with dignity, respect, and equity, regardless of inappropriate distinctions, such as gender, race, nationality, ethnic identity or national origin, socio-economic status or role within the University, religious or political beliefs, disability, age, marital status, family circumstance, or sexual orientation.

In addition the University will comply with current and future legislation and aims to promote good practice in all aspects of the University.

In order to monitor the effectiveness of our policies and procedures and how well we meet our legal requirements all applicants are requested to complete the enclosed Equal Opportunities Monitoring Form. The information you provide will be treated as strictly confidential and will be used only for equal opportunities purposes. It will not be taken into account in considering your application.

**Application Checklist**

You should check the following are included when sending your application:

1. One copy of the completed Application Form
2. Equal Opportunities Monitoring Form
3. One letter of recommendation
4. Relevant documentation (e.g. copies of academic qualification certificates, transcripts)
5. English language certificates, if appropriate

**Date for Return of Forms**

Please return the formby **19th April 2023** to **CEDAR-PGTadmin@exeter.ac.uk**

**COMPLETING THE APPLICATION FORM**

**Personal Details**

* Please complete in full.

**Academic Qualifications**

* Please list all relevant academic qualifications, including the institution where they were studied and attach certificates.

**Professional Qualifications**

* Please list all of your relevant professional qualifications and enclose certificates.

**Employment**

* Please list all employment relevant to this programme.

**National and Financial Details**

* Please complete as required.

**English Language**

* If English is not your first language you will need to submit, prior to commencing the programme, evidence of a good command of English. Further information can be found at <http://www.exeter.ac.uk/postgraduate/englishrequirements/>

**Special Needs**

* We welcome applications from students with disabilities and do all we can to ensure that your participation in life at the University is as successful as other students. Please alert us to any needs you may have by providing information here.

**Programme Information**

* Please let us know where you found out about this programme

**Carer Status**

* Please complete if appropriate.

**Employer’s Confirmation of Support**

* If you are being sponsored by your employer, please ensure your application form is signed by them to confirm you can be released to fulfil the attendance requirements of the course and that they will be responsible for paying the course fees, as appropriate.

**Notification of Results to Your Manager/Supervisor**

* Please complete as required.

**Release of names to Health Education England**

* Please complete as required.

**Criminal Convictions**

* Please complete as required.

**Attendance**

* Please complete as required.

**Declaration**

* Please sign the declaration on the application form confirming that the information you have given is true, complete and accurate. Discovery of false information or omissions could lead to an offer being withdrawn or, in the case of students already registered, to their withdrawal from the University. If you submit electronically, where a tick box ‘yes’ is present, this will be deemed as acceptance of the terms and conditions.

**Please return to:** FAO Morgan Craig/Lucy Porter

Psychology: College of Life and Environmental Sciences

University of Exeter

Washington Singer Laboratories

Perry Road

EXETER  
EX4 4QG

via email: [CEDAR-PGTadmin@exeter.ac.uk](mailto:CEDAR-PGTadmin@exeter.ac.uk)  

**MSc Psychological Therapies Research and Practice**

(Children Young People and Families / CBT for Psychosis and Bipolar Disorder / High Intensity Cognitive Behavioural Therapy / Mindfulness-Based Cognitive Therapy and Approaches / Mental Health Practice in Education Settings / Severe Mental Health Problems: CBT for Psychosis and Bipolar Disorder / Severe Mental Health Problems: CBT for Personality Disorder / Systemic Family Therapy)

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| PLEASE COMPLETE THIS FORM IN BLACK INK OR TYPE | | | | | |
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| P**lease select your strand:** | **CYP** | **CBTp** | **HI CBT** | **MBCT** | **MHPE** |
| **SMHP: CBTp** | **SMHP: CBTpd** | **CYP** | **SFT** |  |
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| Name of Service where application made: | | | | | |

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| **PERSONAL DETAILS** | | |
| SURNAME/FAMILY NAME | | TITLE (Mr, Mrs, Ms, Dr, etc) |
| FIRST/GIVEN NAME(S) | | DATE OF BIRTH |
| PREVIOUS SURNAME (if changed) | | SEX Male/Female/Other/Prefer not to say |
| PRONOUN  He/She/They/Other (please specify): | | GENDER Non-binary/Female/Male/I prefer a different label (please specify): |
| HOME ADDRESS | | |
| TELEPHONE NUMBER (HOME) | E-MAIL (HOME) | |
| WORK ADDRESS | | |
| TELEPHONE NUMBER (WORK) | E-MAIL (WORK) | |

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| **ACADEMIC QUALIFICATIONS**  **Only include Undergraduate/Bachelor degree or above.** Please enclose certificates. | | | | | |
| Institution Attended | Date entered | | | | Qualification obtained including subject, classification or final grade if available and date of award |
| From | | To | |
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| **PROFESSIONAL QUALIFICATIONS**  This section must be completed if you have any relevant professional qualifications, particularly in relation to Professional and Therapy training. Please enclose certificates. | | | | | |
| Awarding Body | | Date | | Qualification including subject, average grade (if relevant) and date of award | |
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| **EMPLOYMENT**  Give details of all employment, starting with current post. | | | | | | | | | | | | |
| Name of Employer | | | | | From | | To | | Post held include brief description of work and responsibility | | | |
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| **PERSONAL STATEMENT** (up to 500 words) Your personal statement should include a brief overview of your development and of your career goals, your motivation to attend this programme, and your skills and experiences that will enable you to complete it. Please explain how would this programme fit with your work and family commitments. | | | | | | | | | | | | |
| **RESEARCH OUTLINE** (up to 500 words). Please follow the attached guidelines for writing your proposed research outline. | | | | | | | | | | | | |
| **NATIONALITY AND FINANCIAL DETAILS** | | | | | | | | | | | | |
| Nationality | |  | | | | | | Country of Birth | | |  | |
| Country of Permanent Residence | | | | | | | |  | | | | |
| Date of first entry into UK, if appropriate | | | | | | | |  | | | | |
| Did you enter the UK at this time for purely academic purposes YES / NO | | | | | | | | | | | | |
| Please tick ONE of the following boxes to indicate where you have been ordinarily resident for the 3-year period before the start of your proposed programme of study:  In the UK  In the EU  In the EEA  Outside the UK, EU and EEA | | | | | | | | | | | | |
| Please tick ONE box below which most accurately reflects your residence category in the UK  A  You are (or are the child of) a UK/EU National and have lived in the EEA for the last 3 years  B  You have Indefinite Leave to Enter or Remain and have lived in the UK for the last 3 years  C  You are a refugee, or have been granted Exceptional Leave to Enter or Remain in the UK following an application for asylum.  D  You are (or are the husband/wife/child of) an EEA National who has lived in the EEA for the last 3 years  O  Other | | | | | | | | | | | | |
| **ENGLISH LANGUAGE**  If English is not your first language and English was not the language of instruction for your first degree, any offer of a place may be conditional on proof of proficiency in English. If you have taken a test of English language, please supply the information below and enclose certificates where available.  **Test taken and score**  IELTS: Reading  Writing  Speaking  Listening  Overall score  Date of test \_/\_/\_\_  TOEFL: Computer-based score  Paper-based score  TWE score  Date of test \_/\_/\_\_  Cambridge Tests: Date of test \_/\_/\_\_  Any other English language qualification you hold: Date of test \_/\_/\_\_ | | | | | | | | | | | | |
| **SPECIAL NEEDS**  Please tick the appropriate box if you have a physical or sensory disability which might affect your studies or may require special facilities or treatment. The information will not prejudice your application but may be used to make appropriate arrangements to support your studies. If you think you will require specialist support during your studies, please also complete the online Prospective Students form, which will feed in directly to the University’s Wellbeing Services. <http://www.exeter.ac.uk/wellbeing/prospectivestudents/form/> | | | | | | | | | | | | |
|  | No disability | |  | | | Wheelchair user or mobility difficulties | | | |  | | Multiple disabilities |
|  | Specific learning difficulty (eg Dyslexia) | |  | | | Personal care support | | | |  | | A disability not listed above |
|  | Blind or partially sighted | |  | | | Mental health difficulties | | | |  | | Autistic spectrum disorder or Asperger’s Syndrome |
|  | Deaf or hard of hearing | |  | | | An unseen disability | | | |  | |  |
| **Please indicate how you found out about this programme** | | | | | | | | | | | | |
|  | University prospectus | | |  | | | | | | | | |
|  | University website | | |  | | | | | | | | |
|  | Other website (please state) | | |  | | | | | | | | |
|  | Advertisement (please state) | | |  | | | | | | | | |
|  | Other (please state) | | |  | | | | | | | | |

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| By clicking ‘Yes’ in boxes below, you are confirming that the information you have given is true and you accept the terms and conditions described below. |
| **CARER STATUS**  Please tick this box if you have primary carer responsibilities |
| **DISCLOSURES**  Applications may be subject to completion of satisfactory employment and/or academic checks before commencement on the training. |
| **DATA PROTECTION**  The University is a data collector and is registered with the Information Commissioner’s Office as required under GDPR legislation. The University requires the information on this form for administrative purpose and to process your application. Except where indicated above, we will only process your personal data in accordance with the University’s registration under current data protection legislation. Information contained on this form will be disclosed to members of the University as necessary. |
| **CRIMINAL CONVICTIONS**  To help the University reduce the risk of harm or injury to its students caused by the criminal behaviour of other students, you are asked to disclose any relevant criminal convictions that you have.  Relevant criminal convictions are only those convictions for offences against the person, whether of a violent or sexual nature, and convictions for offences involving unlawfully supplying controlled drugs or substances where the conviction concerns commercial drug dealing or trafficking. For most programmes of study, convictions that are spent (as defined by the Rehabilitation of Offenders Act 1974) are not considered to be relevant and you should not reveal them.  However, for certain programmes of study that involve contact/working with children and/or vulnerable adults, the University is obliged to request that you complete a Disclosure & Barring Service form, or provide a Police Report from your home country, that is deemed satisfactory. In that respect all criminal convictions, warnings and reprimands, including those that are spent, should be disclosed.  Select ‘Yes’ if you have a relevant criminal conviction to declare, otherwise select ‘No’  YES  NO  If you indicate ‘Yes’ you will be required to provide details to the University.  Please give details of your conviction here:  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| I confirm that during the dates of the programme I will inform a member of the teaching team in the event that I receive a Police caution or in any other way in trouble with the Police.  Signature      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_    Date       \_\_\_\_\_\_\_\_\_\_ YES |
| **ATTENDANCE**  I confirm I have seen the study timetable and can attend all study dates. In the event I cannot, I have informed a member of the teaching team and an agreement has been reached.  Signature      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_    Date       \_\_\_\_\_\_\_\_\_\_ YES |
| **DECLARATION**  **I confirm that the particulars given in this form are to the best of my knowledge and belief correct, and that, if admitted to the University, I shall abide by the Statutes, Ordinances and Regulations of the University (see** [**www.exeter.ac.uk/students/calendar.shtml**](http://www.exeter.ac.uk/students/calendar.shtml)**).**  Signature      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_    Date       \_\_\_\_\_\_\_\_\_\_ YES |

**MSc Psychological Therapies Research and Practice**

**(Cohort 05 / APRIL 2022 – APRIL 2024)**

**EQUAL OPPORTUNITIES MONITORING FORM**

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| **APPLICANT DETAILS** | |
| SURNAME/FAMILY NAME | TITLE (Mr, Mrs, Ms, Dr, etc) |
| FIRST/GIVEN NAME(S) |  |

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| The University welcomes applications from all candidates with the academic potential to succeed in postgraduate studies, regardless of their background. It is committed to equality of opportunity and aims to avoid unfair discrimination in accordance with its policy on equal opportunities, which can be found on the web-site at [www.exeter.ac.uk/eo](http://www.exeter.ac.uk/eo).  The information is requested to enable the University of Exeter to monitor its employment decisions and meet statutory obligations.  In order to monitor the effectiveness of our policies and procedures and how well we meet our legal requirements all applicants are requested to complete this form. The information you provide will be treated as STRICTLY CONFIDENTIAL and will be used only for EQUAL OPPORTUNITIES purposes. It WILL NOT be taken into account in considering your application.  **ETHNIC ORIGIN: Please tick the box which most closely describes your ethnic origin**  (Please note: numbering corresponds to Higher Education Statistical Agency coding.) | | | | |
| **ASIAN**  **(OR ASIAN BRITISH)** | **BLACK**  **(OR BLACK BRITISH**) | **WHITE** | **CHINESE** | **OTHER** |
| 31 Indian  32 Pakistani  33 Bangladeshi  39 Any other Asian  Background  43 White and  Asian | 21 Caribbean  22 African  29 Any other black  Background  42 White and  Black African  41 White and  Black Caribbean | 11 British  12 Irish  19 Any other white  Background  43 White and  Asian  42 White and  Black African  41 White and Black  Caribbean | 34 Chinese | 49 Any other mixed  Background  80 Any other |
| **Please return to:** FAO Morgan Craig/Lucy Porter  Psychology: College of Life and Environmental Sciences  University of Exeter  Washington Singer Laboratories  Perry Road  EXETER  EX4 4QG  via Email: [CEDAR-PGTadmin@exeter.ac.uk](mailto:CEDAR-PGTadmin@exeter.ac.uk) | | | | |