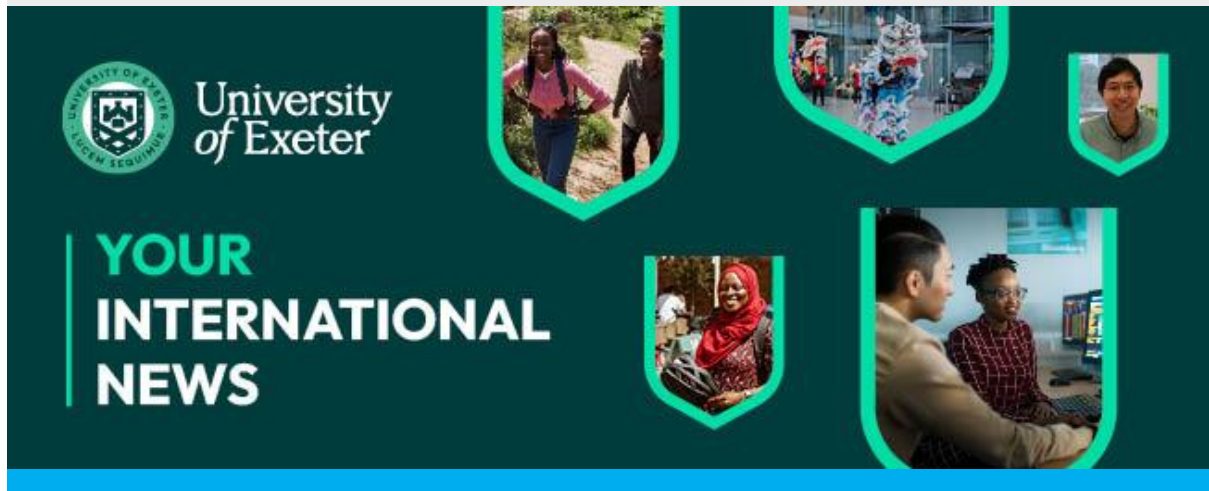


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Dear student,

Hello and welcome back to Exeter and to another year of Your International News - a monthly update of all things we think you should know about on campus or in the city for our non-UK students. We hope this newsletter finds you well and healthy and we look forward to another great academic year with you.

Apologies in advance, this is a bit of a bumper edition with lots to tell you! If you have any events or research topics relevant to international students that you would like us to publicise please email intstudentevents@exeter.ac.uk by 20th of the month for inclusion into the following month.

Sue O'Hara, Cara Stokes and Sophie Meadows
Transition and Integration

Introducing a new member of the team: Cara

Hi, I'm Cara, and I've recently joined the Transition & Integration Team as a Projects Officer. I'm really looking forward to getting to know you all in the coming months!

Before this role, I spent 6 years working in International Student Recruitment, where I primarily advised students from Hong Kong, Taiwan, and South Korea on studying in the UK, particularly at Exeter. Prior to that, I worked in Admissions for King's College London and SOAS, University of London. You'll probably see me at Intercultural Cafes so do say hi!



Welcome to all new students

A big welcome to all new international students. If you didn't receive our first edition of Your International News last Friday please look at it [here](#) in our Your International News Archive.

If you arrived later in Welcome Week please do come along to an Intercultural Cafe where our team will be there to answer any questions you may have as a new student. Please [click here if you would like to book a campus tour](#).

[Connecting with others through our free cafes](#)

Join us every Wednesday and Friday during term at [Intercultural Cafe](#). Come and discover a whole new community of friends to connect with. All students welcome.

Please bring your unicond to sign in and arrive from 10am to beat the drinks queue and allow us to start the sessions on time! We can only take the first 100 students to participate. We ask that you stay for the whole session so if your class clashes please come to a different cafe time.

- Wednesday Streatham: ISCA Eats, Cornwall House, 10:30-11:30am
- Wednesday St Lukes: Cross Keys, 1:30-2:30pm
- Friday Streatham: ISCA Eats, Cornwall House, 10.30-11.30

Last admissions 11am (Isca), 2pm (Crosskeys) spaces depending.

[Connections Cafe](#) is run by our Multifaith Chaplaincy and meets each Tuesday from 2-4pm during term time in the Forum Library Entrance.



Join them for a [free Soup lunch](#) each Thursday on first floor of Staff House, St Luke's Campus from 12.30-2pm

[Globe Café](#) is a weekly event run as a partnership between Christian charities [Friends International](#) and the [ECU](#). They meet at 7.30pm on Monday nights at Belmont Chapel, Western Way. This term, we have an exciting programme lined up including a night of decorating (and eating!) cakes and cookies, a Cornish night and a special evening where students will be invited to share about their own home cultures. All international students welcome. [Click here](#) to find out more information.

Calling all international student societies

Do you want an opportunity to tell more international students about your society and your public events? We have a couple of opportunities for you.

- Come and represent your society at Intercultural Cafe. Bring a banner and some leaflets.
[Fill in our google form](#)
- Be a part of Your International News. If you have an event you would like the wider student community to know about please email intstudentevents@exeter.ac.uk with short text and a picture by 20th of the month.

Employment opportunity: Exeter Student Ambassador and International Student Ambassador!

We are looking for current students, who feel positive about their course and student life at the University of Exeter and would like to share their experiences with others, to join the Exeter Student Ambassador Scheme. Student ambassadors work on a wide variety of paid jobs (e.g. promoting their subject, campus tours, open days, workshops with schools, mentoring, etc.), and are able to increase their employability and skills while doing so.



We choose our International Student Ambassador team (those that met you during the International Welcome Programme, Heathrow etc) from the Student Ambassador pool. So, if you want to work with us throughout the year, you need to be a Student Ambassador first!

To find out more and to apply please visit [the ESAS webpages](#).

The deadline for applications is Monday 7 October at 9am, however applications

may close earlier than that if the threshold for the number of interview slots available is reached.

Attendance Monitoring - information for visa holders

Student Visa holders must check-in to all timetabled in-person teaching sessions using the [MyExeter app](#).

Each teaching session on your timetable in the My Day section of the app will have a green check-in button at the top right. Click this button and follow the steps to check-in successfully. You can find technical guidance to help you complete check-in using MyExeter [here](#).

If you study Nursing or are on the BMBS programme you must complete your digital check-in using a One Time Code (OTC). This is available as a tile on the [iExeter app](#). Information on [how to use One Time Code check-in is available here](#).

[Cooking for Life: October workshop](#)

Are you un-confident in the kitchen and worried about cooking for yourself in the year ahead? Why not sign up for our next Cooking for Life session on Tuesday 1 October, 10.30am-12.30pm

This is a fantastic opportunity to join nutritionist Dr Frankie Phillips in a small group cooking lesson.

- Get hands on experience cooking a great one pot vegetarian meal
- Learn how to turn that one meal into several different meals!
- Learn some basics of nutrition
- Recipe booklet of 4 one pot vegetarian meals
- Take one portion of your cooking and the spices we've used home with you



Because these are small sessions please only book if you are definitely going to come on the day! Please do not book if you have previously attended a Cooking for Life session or if you cannot attend for the whole session. We want to try to reach as many people as possible. Tickets are allocated on a first come, first served basis.

Book and read full terms and conditions on our [FIXR booking page](#).

Join us for a walk on Dartmoor: Saturday 19 October

Join Simon Taylor from our Multifaith Chaplaincy for walk across Dartmoor National Park on Saturday 19 October, and appreciate its beautiful landscape and nature. On this trip we will do a circular 2.5 hour walk (approx 3.5 miles) from Okehampton railway station. We will walk by the East Okement river and then up to East Hill where we should have views over Dartmoor and northwards to North Devon. We will walk through woodland and across meadows.



[Sign up here](#) before the 19 October.

[Celebrate Navaratri and Diwali on campus](#)

[Exeter Hindu Society](#) will be celebrating Navratri on campus on Sunday 13 October. Navratri is an annual Hindu festival observed in honour of the goddess Durga, an aspect of Adi Parashakti, the supreme goddess. It spans over nine nights to honour the nine different forms of Durga. The event is always a joyous celebration with food, dance and music.



Our campus [Diwali celebrations](#) are on Sunday 27 October. This is one of the most colourful days on campus. Think culture, food, dance, entertainment, crafts and fireworks on a grand scale! Keep checking our [webpage for more information](#).

Developing your English Language

English Language Skills Development offers a range of opportunities to develop and enhance your English language skills to meet your goals at university. Whether you want to boost your oral confidence or improve your assignment writing, we have classes and courses to suit you.



Find out more on our [website](#) or visit the [Guided Independent Learning site](#) for all our online resources. Don't worry if you are unsure of the best option for you. If you would like to make a 1:1 appointment to get some practical advice on making the most of your English [click here](#).

Multifaith Chaplains

The Multifaith Chaplaincy is here to support all students during their time at Exeter. We offer a friendly face and a listening ear to anyone needing to talk. We are also here to support you and help you connect with your faith if you wish. You are welcome to join us at our free 'Connections Café' in the Forum library entrance from 2pm to 4pm every Tuesday or at our free 'Soup Lunch' on Thursdays at 12.30pm to 2pm at St. Luke's Chapel, St. Luke's campus.



If you prefer to book a private chat with a chaplain, follow the link on our home page to [book a Time-To-Talk slot](#). If you would like to speak to a chaplain of a particular faith please [read about our Chaplains here](#).

Calling all content creators...we need you!

Are you interested in sharing your living experience in University accommodation, reviewing University food and drink outlets or taking photos at select live events? The Commercial Marketing Team are looking to work with students who enjoy blog writing, video content creation or participating in focus groups. If this sounds like you, fill in this form and we'll be in touch: <https://forms.office.com/e/1d5bAvAFjj>

This weekend: community street party

Join us at Queen Crescent Garden on Saturday 28 September (11am – 2pm). Our local residents will be hosting a 'welcome street party' for all students living nearby. Get to know your local neighbours and community engagement team with games and cake. We have lots of activities including a book and plant sale, live music and a drum and bass high intensity workout.

Careers and Visas

Careers and Visas sessions are open to any international student, on any campus, in any faculty and at any level of study. Book your place on Handshake and hear from the Careers Team and from International Student Support to learn more about the types of jobs you can apply for, how to tailor your applications, and important information about the different working visa types.



Careers & Visas Sessions: hybrid (turn up in person or online): [bookable on Handshake](#)

- Monday 14th October, 10:30 am: Understanding the UK Jobs Market

- Thursday 24th October, 11:30 am: Create a brilliant UK Job Application
- Monday 18th November, 12:30 pm: Graduate Jobs – Managing Employers & Visas

The **India Career Ready Programme** combines a bespoke [online learning programme](#) and live workshops to give Indian students at Exeter tailored guidance with their career planning. This programme helps students understand the differences between the recruitment markets in India and the UK and what students need to do to succeed.

India Career Ready Workshops: hybrid (turn up in-person or online): [bookable here on Handshake](#)

- Wednesday 9th October, 12:30 pm: Finding Graduate Opportunities in the UK
- Thursday 24th October, 1:30 pm: UK CVs and Cover Letters
- Thursday 14th November, 12:30 pm: Finding Internships and other Work Experience in the UK

Living in the city? Meet the Community Engagement Team

Hello! We're your Community Engagement Officers. We're Exeter students who already have experience living in Exeter.

Our team provides a range of advice to students living off-campus from recycling rules and personal safety to neighbour disputes and how to security mark your valuables. You may see us walking around the community so if you have any questions, feel free to come say hello, [or you can email us](#).

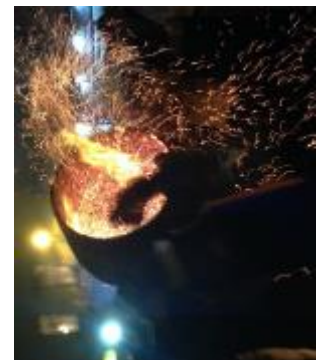


[A trip to remember: Ottery St Mary Tar Barrels](#)

Each month we will recommend a local attraction or day trip to explore.

For a truly unique Devon experience, head to [Ottery St Mary for the famous Tar Barrels](#) event held on Tuesday 5 November. This very unique and ancient tradition involves local residents carrying flaming tar barrels through the streets, and it's free to watch. It's worth planning for!

The West Country has a history of torchlight processions and burning barrels and Ottery was only one of the many towns and villages following an annual tradition containing barrels which were rolled in the streets on



November 5th each year. Somewhere along the line someone decided rolling was tame and carrying barrels on your shoulders was far more appealing and so the present tradition was born and now Ottery is the only Town in the country carrying full sized lighted tar barrels through the streets.

We recommend going on an organised trip. The Students' Guild or Student Societies often have coach trips so do [check their web pages](#). We promise it will be an exhilarating experience you won't forget!

Your International News updates

We will send you an edition of Your International News at the beginning of each month during term time. In it will be lots of events on campus for you to get involved in, important immigration updates, local festivals and lots more. We hope you enjoy it. If you have any questions at all please contact [SID online](#). They work 6 days a week during term time so you'll get an answer quickly. In the meantime have a great start to term and we'll see you all very soon.

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